



## Halloween Hustle Oct 28, 2023

This annual trail running race will be a spooktacular event for any level of runner. Come dressed in your best costume to win prizes and join the fun!

### Registration: 8:30am-9:30am

- Registration will be open by 8:30 am.
- Day of registration will NOT be available.
- Registration will be in the main chalet.

\$39 (+HST) per race.

\$25 (+HST) for the 1.5km kids race.

### Format

#### Oct 28, 2023 Mass Start

- Racers will line up at the start line 2 minutes prior to race time.
- 1.5 km Kids race 9:20 am
- 5/10 km race 10:00 am
- Costume Contest will be judged at the Start line

### Course Details

Course will be a combination of singletrack and double track trails. The course will be closed to day traffic during the race. Course will be marked with **BLUE** signs.

The 1.5 km course will be on **Little Pushers**

### Passing

Runners are NOT to closely follow other runners. Passing runners must warn the runner they are approaching and call which side they will pass on. The faster runner must wait for the runner they are approaching to move to one side of the trail. Faster runners must move to the opposite side of the trail to pass the slower runner.

### Start

**COSTUME CONTEST:** 2 minutes prior to start, all those in costume will be judged - in a good way! (Make sure your bib number is visible.) Winners will be announced at the podium.

Runners are required to be at the start area 2 minutes prior to their start.



## Finish

Runners will complete one lap of the 5 km course, while the 10 km runners will complete two laps of the 5 km course. The 10 km participants will follow the lap lane to the right, and the 5 km runners will finish straight. Water and bananas will be at the feed station below the timing building.

## Results and Awards

Results will be posted live at [zone4.ca](http://zone4.ca) on your personal device. No paper results will be posted for viewing. Podium awards and draw prizes will be at **9:45 am (kids) and 11:45 am (5/10km)**. Fire pits and sponsors will be on site.

## Toilets

Indoor washrooms are available, but are not to be used as a body washing station.

## Medical/First Aid

Trained and experienced medical crew will be onsite during peak hours in May and during the events of Aug and Oct. They will have transport onto course when necessary. Please report to the timing building to report or request First Aid.

## Retail/Repair Shop

The retail shop will be open during regular operating hours. Running shoes and running apparel are available for purchase.

## Food Service

Cravings at Hardwood Food Trailer will be open with great food options for your post race recovery. From Poutine to Chicken Caesar wraps, there is something for everyone.

## Directions

For directions to Hardwood Ski and Bike please go to [Directions](#) or google "Hardwood Ski and Bike."

For more information call or visit our website.

**402 Old Barrie Road W**, Oro-Medonte, ON

**705.487.3775**

**HardwoodSkiandBike.ca**

