

2022 Hardwood Ski and Bike Invitational

Wednesday February 23, 2022

Entry Deadline: Tuesday February 21, 2022 at 12pm

Approximate Races and Distances (subject to change depending on weather and snow conditions):

Para Nordic 1.5 or 2.5km, Novice/Elementary Boys and Girls 2.5 km. Junior Girls/boys 4.0 km., Sen. Girls/Boys. 6km., Post Secondary 6km

Race Times:

Coaches Meeting at 10.30 am. First race begins at 11:00 am.

Entry Fee:

\$26.55 + HST

Faxed entries and telephone entries will not be accepted. All entries must be made on line

Late Fee:

Entries received after the February 21 1pm deadline are subject to a \$15/skier late fee, no exceptions. Substitutes will be subject to a \$15/skier fee as well.

General Information:

- Teams should try to be on site by 9:30am to secure bibs and make necessary changes. Lost bibs will be charged to the school @ \$50/bib.
- Coaches, upon arrival are to proceed directly to get coaches' package.(Odell Building)
- Course length, starting procedures, time and order of races are all subject to change, at Convienier's discretion.
- Skiers will start in intervals – one skier every 15 seconds. All skiers should be at the start 10 minutes before their start time. There will be one lane tracked out of the start for 30 meters. Skiers must double pole only until the end of the lane. They may skate after this point.

- Results will be available live on zone4.ca, and on Hardwoodskiandbike.ca immediately following the race.

Start Order (Subject to adjustment on race day):

PN Girls

PN Boys

Novic Girls

Novice Boys

Jr Girls

Jr Boys

Sr Girls

Sr Boys

- Please instruct your skiers to leave all trail flags etc. in place. Failure to do so may result in disqualification.
- Age groups as for OFSAA cross country skiing.
 - Juniors – Born 2006 and 2007.
 - Seniors – Born 2003, 2004, 2005.
- If the event is cancelled or if a team is unable to attend because of weather/driving conditions on race day, public restrictions or lack of snow a portion of the entry fee will be returned, after expenses have been covered.
- No refunds for scratches.
- Skiers must be made aware that the trails are open to the public. They must ski in control and be respectful of day skiers.

Awards: In order to maintain the Health and Safety of our staff and guests, there will not be an awards ceremony

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