

SKI SELECTION

Not all models are available in the specified lengths and hardnesses.

LENGTHS RECOMMENDATION RACE SKATING

Body weight (kg)	Speedmax 3D Skate 61K / Plus, Carbonlite Skate Plus															
	Length (cm) / Stiffness 171				Length (cm) / Stiffness 176				Length (cm) / Stiffness 181				Length (cm) / Stiffness 186			
	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St
< 50																
50 - 54																
55 - 59																
60 - 64																
65 - 69																
70 - 74																
75 - 79																
80 - 84																
85 - 90																
> 90																
100 - 130																

Speedmax 3D Skate Cold, Carbonlite Skate Cold																
Length (cm) / Stiffness 171				Length (cm) / Stiffness 181				Length (cm) / Stiffness 186				Length (cm) / Stiffness 191				
St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	
< 50																
50 - 54																
55 - 59																
60 - 64																
65 - 69																
70 - 74																
75 - 79																
80 - 84																
85 - 90																
> 90																
100 - 130																

Aerolite Skate 70							
Length (cm) / Stiffness 171				Length (cm) / Stiffness 181			
St	Me	St	Me	St	Me	St	Me
< 50							
50 - 54							
55 - 59							
60 - 64							
65 - 69							
70 - 74							
75 - 79							
80 - 84							
85 - 90							
> 90							
100 - 130							

Stiffness:
So = Soft
Me = Medium
St = Stiff
X-St = Xtra Stiff

RCS Skate Plus / RCR Skate																
Length (cm) / Stiffness 171				Length (cm) / Stiffness 176				Length (cm) / Stiffness 181				Length (cm) / Stiffness 186				
Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	
< 50																
50 - 54																
55 - 59																
60 - 64																
65 - 69																
70 - 74																
75 - 79																
80 - 84																
85 - 90																
> 90																

SCS Skate				
Length (cm)				
171	176	181	186	191
< 50				
50 - 54				
55 - 59				
60 - 64				
65 - 69				
70 - 74				
75 - 79				
80 - 84				
85 - 90				
> 90				

Aerolite Skate 60			
Length (cm)			
171	181	186	191
< 50			
50 - 54			
55 - 59			
60 - 64			
65 - 69			
70 - 74			
75 - 79			
80 - 84			
85 - 90			
> 90			



XC-SILENT SELLER LENGTH RECOMMENDATION

This merchandising material helps you select the best ski in all model groups.

Again, there are usually several length/hardness recommendations on each line. Note that the longer (stiffer) recommendation is for skiers who are technically skilled while the shorter (softer) skis are easier to use.

LENGTHS RECOMMENDATION RACE CLASSIC

Body weight (kg)	Speedmax 3D Classic Plus 812 / Plus 902 / Zero+, RCS Classic Plus																			
	Length (cm) / Stiffness 187				Length (cm) / Stiffness 192				Length (cm) / Stiffness 197				Length (cm) / Stiffness 202				Length (cm) / Stiffness 207			
	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me
< 50																				
50 - 54																				
55 - 59																				
60 - 64																				
65 - 69																				
70 - 74																				
75 - 79																				
80 - 84																				
85 - 90																				
> 90																				

Speedmax 3D Double Poling Sprint	
Length (cm)	
191	
< 50	
50 - 54	
55 - 59	
60 - 64	
65 - 69	
70 - 74	
75 - 79	
80 - 84	
85 - 90	
> 90	

Body weight (kg)	Speedmax 3D Twin Skin, Twin Skin Carbon Pro																			
	Length (cm) / Stiffness 187				Length (cm) / Stiffness 192				Length (cm) / Stiffness 197				Length (cm) / Stiffness 202				Length (cm) / Stiffness 207			
	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me	So	Me
< 50																				
50 - 54																				
55 - 59																				
60 - 64																				
65 - 69																				
70 - 74																				
75 - 79																				
80 - 84																				
85 - 90																				
> 90																				

Twin Skin Race									
Length (cm) / Stiffness									
187		192		197		202		207	
Me	St	Me	St	Me	St	Me	St	Me	St
< 50									
50 - 54									
55 - 59									
60 - 64									
65 - 69									
70 - 74									
75 - 79									
80 - 84									
85 - 90									
> 90									

Aerolite Classic 60			
Length (cm)			
187	197	202	207
< 50			
50 - 54			
55 - 59			
60 - 64			
65 - 69			
70 - 74			
75 - 79			
80 - 84			
85 - 90			
> 90			

Aerolite Combi 60			
Length (cm)			
180	187	195	201
< 50			
50 - 54			
55 - 59			
60 - 64			
65 - 69			
70 - 74			
75 - 79			
80 - 84			
85 - 90			
> 90			

Body weight (kg)	Twin Skin Pro																							
	Length (cm) / Stiffness 182				Length (cm) / Stiffness 187				Length (cm) / Stiffness 192				Length (cm) / Stiffness 197				Length (cm) / Stiffness 202				Length (cm) / Stiffness 207			
	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St	Me	St				
< 50																								
50 - 54																								
55 - 59																								
60 - 64																								
65 - 69																								
70 - 74																								
75 - 79																								
80 - 84																								
85 - 89																								
90 - 94																								
95 - 99																								
100 - 104																								
105 - 109																								
> 110																								

Twin Skin Superior									
Length (cm) / Stiffness									
187		192		197		202		207	
Me	St	Me	St	Me	St	Me	St	Me	St
< 50									
50 - 54									
55 - 59									
60 - 64									
65 - 69									
70 - 74									
75 - 79									
80 - 84									
85 - 89									
90 - 94									



Not all models are available in the specified lengths and hardnesses.

LENGTHS RECOMMENDATION JUNIOR

Body weight (kg)	Speedmax, Carbonlite							RCS Skate						
	Length (cm)							Length (cm)						
	141	146	151	156	161	166	171	176	138	145	152	159	166	173
< 24	■								■					
25 - 29	■	■							■	■				
30 - 34	■	■	■						■	■	■			
35 - 39	■	■	■	■					■	■	■	■		
40 - 44	■	■	■	■	■				■	■	■	■	■	
45 - 49	■	■	■	■	■	■			■	■	■	■	■	■
50 - 54	■	■	■	■	■	■	■		■	■	■	■	■	■
> 55	■	■	■	■	■	■	■	■	■	■	■	■	■	■

Body weight (kg)	Speedmax, Carbonlite, Twin Skin Carbon Jr							Twin Skin Race Jr						Sprint Crown, Sprint Skin									
	Length (cm)							Length (cm)						Length (cm)									
	152	157	162	167	172	177	182	187	127	137	147	157	167	177	90	100	110	120	130	140	150	160	170
< 24	■								■	■					■	■							
25 - 29	■	■							■	■	■				■	■	■						
30 - 34	■	■	■						■	■	■	■			■	■	■	■					
35 - 39	■	■	■	■					■	■	■	■	■		■	■	■	■	■				
40 - 44	■	■	■	■	■				■	■	■	■	■	■	■	■	■	■	■	■			
45 - 49	■	■	■	■	■	■			■	■	■	■	■	■	■	■	■	■	■	■	■		
50 - 54	■	■	■	■	■	■	■		■	■	■	■	■	■	■	■	■	■	■	■	■	■	
> 55	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

FITNESS / SPORT

LENGTHS RECOMMENDATION FITNESS & ADVENTURE

Body weight (kg)	Superlite Crown EF, Twin Skin Superlite EF						Fibre Step, Sports Step				Twin Skin Sport				Twin Skin Power						Twin Skin Superlite EF Stiff																	
	Length (cm) / Stiffness						Length (cm)				Length (cm)				Length (cm) / Stiffness						Length (cm) / Stiffness																	
	179	184	189	194	199	204 X-St	180	188	196	204	174	184	194	204	174	184	194	204	Me	St	Me	St	Me	St	Me	St	179	184	189	194	199	204	St	St	St	St	St	St
< 50	■						■				■				■				■						■													
50 - 54	■	■					■				■				■				■					■														
55 - 59	■	■	■				■				■				■				■					■														
60 - 64	■	■	■	■			■				■				■				■					■														
65 - 69	■	■	■	■	■		■				■				■				■					■														
70 - 74	■	■	■	■	■	■	■				■				■				■					■														
75 - 79	■	■	■	■	■	■	■	■			■				■				■					■														
80 - 84	■	■	■	■	■	■	■	■	■		■				■				■					■														
85 - 89	■	■	■	■	■	■	■	■	■	■	■				■				■					■														
90 - 94	■	■	■	■	■	■	■	■	■	■	■	■			■				■					■														
95 - 99	■	■	■	■	■	■	■	■	■	■	■	■	■		■				■					■														
100 - 104	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■				■					■														
105 - 109	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■			■					■														
110 - 114	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■								

Body weight (kg)	Orbiter, Twin Skin Cruiser				Cruiser, Apollo			
	Length (cm)				Length (cm)			
	S	M	L	XL	S	M	L	XL
50 - 60	■				■			
65 - 80	■	■			■	■		
75 - 90	■	■	■		■	■	■	
> 90	■	■	■	■	■	■	■	■

Stiffness:
So = Soft
Me = Medium
St = Stiff
X-St = Xtra Stiff

ADVENTURE / BACKCOUNTRY

Body weight (kg)	TRANSNORDIC 59, TRANSNORDIC 66							TRANSNORDIC 82				
	Length (cm)							Length (cm)				
	170	180	185	190	195	200	205	210	176	186	196	206
40 - 50	■	■							■			
45 - 55	■	■	■						■	■		
55 - 70	■	■	■	■					■	■	■	
60 - 75	■	■	■	■	■				■	■	■	■
65 - 85	■	■	■	■	■	■			■	■	■	■
75 - 95	■	■	■	■	■	■	■		■	■	■	■
80 - 105	■	■	■	■	■	■	■	■	■	■	■	■

ADVENTURE / OFFTRACK

Body weight (kg)	Adventure 62, Spider 62				Travers 78			Outback 68, Excursion 88			
	Length (cm)				Length (cm)			Length (cm)			
	166	176	186	196	176	186	196	169	179	189	199
50 - 65	■				■			■			
60 - 80	■	■			■	■		■	■		
70 - 90	■	■	■		■	■	■	■	■	■	
80 - 100	■	■	■	■	■	■	■	■	■	■	■

ADVENTURE / S-BOUND

Body weight (kg)	Length (cm)			
	159	169	179	189
< 55	■			
50 - 70	■	■		
66 - 86	■	■	■	
> 84	■	■	■	■