



2019 PARENT INFORMATION KIT

General Information

Please read through the following information carefully in order to ensure that your child has a safe, fun and memorable experience at Camp Hardwood this summer! If you have any questions or concerns before Camp begins, feel free to call us as 705-487-3775 (Toll-free: 1-800-387-3775) or get in touch with us by email at camphardwood@hardwoodskiandbike.ca

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Hardwood Ski and Bike is dedicated to providing the best quality service and programming for the whole family. We hope that your child's week with us gives you many memories to cherish for the rest of your lives.

Camp Address:

Camp Hardwood
402 West Old Barrie Road
Oro Medonte, ON
L0L 2E0
Phone: 705-487-3775
info@hardwoodskiandbike.ca

Drop Off and Pick Up Procedures

- Drop off between 8:30am and 8:45am.
- On the first day of camp you will receive two pick-up passes with your child's name. You must show one of these to the staff at the end of **each day** in order sign them out. If you need someone else to pick them up, you can give them a pass.
- **You and your child must check in at the table first thing in the morning before they can proceed to the camper meeting area every day.**
- Camp ends at 4:15pm each day, please pick your camper(s) up where you dropped him/her off. **Aftercare** is available. Please call Hardwood if you would like to add your child to aftercare and did not register for it online.
*Please pick up by 4:30 pm, there will be a late charge of \$15 that will be added for those who are not pre-registered in aftercare.

If you need to get in touch with staff or with your child during day camp, please call us. If your child will not be attending camp on a particular day, please call between 8:30am and 9:00am and leave a message.

A typical day at Camp Hardwood	
<i>Mountain Bike Camp</i>	<i>Outdoor Adventure Camp</i>
8:30 am - 8:45 am - Campers arrive 9:00 am - Bike Skills and riding 10:15 am - Morning snack break 10:30 am - Camp group activities/trails 11:40am - Lunch* 12:10pm - Bike session or Low Ropes/Orienteering 2:15pm - Afternoon snack break/Tuck 2:30pm -Choose your own Adventure (optional activities ie. trail rides, games, build it projects etc.) 4pm - Camp Circle Clean up and pack up 4:15pm - Camper sign-out	8:30 am - 8:45 am - Campers arrive 9:00 am - Low ropes and initiatives 10:15 am - Morning snack break 10:30 am - Human Foosball 11:40am - Lunch* 12:10pm - Archery and field games 2:15pm - Afternoon snack break/Tuck 2:30pm -Choose your own Adventure (optional activities ie. tie-dye, build it projects, games etc.) 4pm - Camp Circle Clean up and pack up 4:15pm - Camper sign-out
<i>*Each day staff will run a variety of casual activities throughout lunch</i>	

NO ELECTRONICS

**Please be sure that all items of clothing and pieces of equipment brought to summer programs are marked with your child's name and phone number. *

Tuck

Camp Hardwood will be offering a tuck option. Every afternoon, campers have the option of buying snack items from the Tuck shop. Please pay \$6 at the beginning of the week (we will not accept payment after the Monday) if you would like your child(ren) to participate.

T-shirts, Hoodies and More!

We have Camp Hardwood T-shirts (\$25.00 tax included) and hoodies (\$48.00 tax included) available for purchase. They are **BLACK** this year and available in all youth and most adult sizes.



*We will be offering tie-dye on Tuesdays as part of our "choose your own adventure" programming in the afternoon! Please pack your camper a white shirt (or anything else you can think of - we've seen socks, pillow cases, etc.).

Camp Hardwood is a Nut Cautious Camp!

Lunch/Snacks . . .

- We recommend that the lunch be packed in a cooler bag or box with an ice pack. Please label all lunch containers with your child's full name.
- Friday is **Hot Dog day!** For \$2.50 you can order a hot dog for your camper, orders must be made Monday. Please pack drinks and snacks on Thursdays.
- Campers will only be granted access to Guest Services for purchases at lunch or the afternoon snack. They will need to ask permission to purchase items.
- On hot days we will be offering the campers a freezie. If this is a problem due to dietary restrictions, please let the staff know.

Camp rules

Please remind your child about the following camp rules:

- Keep in mind we are outside all day, please remind your child(ren) to wear a hat

- You must be wearing a helmet or hat at all times.
- Drink lots of water as mountain biking and outdoor activities are strenuous and the heat of the day can dehydrate you. It is recommended at least 3 litres a day.
- Sunscreen must be applied, twice a day, at least 30mins before going out into the sun.
- Sunscreen should be at least SPF30 and be waterproof/sweat-proof.

Staff will remind campers to **apply their own sunscreen but are not permitted to assist unless the sunscreen is a spray**

Severe Weather

- We are tough campers and don't mind a little rain, so **come prepared**. However if the weather becomes a safety concern, programming will continue indoors.

Confidential Information

In your camp kit you will receive a confidential information form, please complete it **and bring it with you on Monday**. It is important that we have these forms to enable us to prepare for all the needs of your child. If your child requires prescription medication while at camp please fill out and return the attached prescription medication form. If there are behavioural or learning difficulties, please contact the camp director prior to camp so we can set up a plan in order to have a fun filled week.

Children of Divorce or Separation

If your child's living accommodation or custody changes prior to the start of camp, please notify the camp director in writing before the start of the week your child is enrolled. If you would like to meet with the camp director regarding your situation please feel free to call and set up a meeting.

Refund Policy

- **Full Refund** will be issued on presentation of a doctor's certificate at any time prior to the first day of camp in which the child is enrolled.
- **Partial Refund** (program fee minus one third of the program fee) will be issued if notification of withdrawal, by registered mail or in person, is received **14 days or more** prior to the start of the camp week in which the child is enrolled.

Directions to Hardwood Ski and Bike

From Barrie and South: Take HWY 400 extension north of Barrie. Exit at #111, Forbes Road/Simcoe 11. Turn left at stop sign and follow Simcoe 11 for about 10 km. We are on the left.

From Orillia and Northeast: depending on where you are, take Hwy 11 south to Hwy 12 south exit. Turn right onto Old Barrie Road as you come off the ramp. Stay on Old Barrie Road for about 15 kilometres and we are on the right hand side.

From Midland and Northwest: follow Hwy 93 south to Dalston. Turn left at Dalston on to Old Barrie Road and drive for approximately 10 km. We are on the left. Alternately, take Hwy 400 south to exit #111, Forbes Road/Simcoe 11. Follow this road under the bridge and continue for about 10 km, we are on the left.

ATTN: Mountain Bike Campers!

Drop off your bike at Camp Hardwood on **Sunday Afternoon and we will lock it up overnight**

Please ensure your camper(s) mountain bike has knobby tires, working hand brakes, multiple gears, and front suspension (not mandatory)

Bike Check

Bring your bike in to have it checked over by our mechanic. Yuri will make sure the bike fits and is in good working order. This can only be done on the Thurs-Sun prior to your first day of camp. You will be responsible for the cost of any parts that need to be replaced but this will be discussed prior to the repairs being made.

Bike Storage

Bikes may be left at Hardwood overnight. They will be stored in a secure building.

Bike Repairs and Incidentals

If, for some reason, your child's bike has a problem, which needs to be repaired to continue the day, you will be charged for the service to the bike. This will include repairing a flat tire, brakes and any other general repairs.

(Please ensure that any charges are cleared at the end of the week - a credit card number on file would ensure that this is possible).

Wednesday Night Races and Dinner

Each MTB Camper receives a free entry into the Wednesday night race series along with a Pizza dinner. Parents are responsible for their camper by 4:30 pm but will be invited to participate in a variety of activities with their child. Low-ropes, obstacles and even some bike skills will be available to the parents. Even if you don't bring your bike, you will at least get to see what your child has been up to! Parents and siblings can purchase extra dinner tickets for \$7(includes, 1 slice of pizza, veggies and dip, and a beverage). Dinner will only be available between 5:45pm and 6:15pm. The Race begins at 7pm.

Checklist for camp!

One week before camp	<ul style="list-style-type: none"> <input type="checkbox"/> Bring your bike in for a check for any problems, e.g. bike size, brakes, etc. <input type="checkbox"/> Helmet fits properly and is without cracks or damage. <input type="checkbox"/> Water bottle and cage are ready on bike. <input type="checkbox"/> Make sure medical and waiver forms are printed and filled out. Bring them with you on the first morning of camp.
Things to bring on your first Day	<ul style="list-style-type: none"> <input type="checkbox"/> Paper work (printed from confirmation) <input type="checkbox"/> \$6 for Tuck \$2.5 for Hot Dogs on Friday <input type="checkbox"/> Empty bottle (see above) <input type="checkbox"/> Cash for extra Wed night dinner tickets <input type="checkbox"/> Sense of Adventure
Every day of camp	<ul style="list-style-type: none"> <input type="checkbox"/> Extra clothing is packed in a bag <input type="checkbox"/> Bike, helmet and water bottles are packed <input type="checkbox"/> Snacks <input type="checkbox"/> Closed toed shoes. <input type="checkbox"/> Hat, sunscreen, bug spray. <input type="checkbox"/> Lunch and snacks
Wednesday	<ul style="list-style-type: none"> <input type="checkbox"/> Family evening for Mountain Bike camp (games and activities from 4:45pm until 5:30pm followed by dinner at 5:45pm)

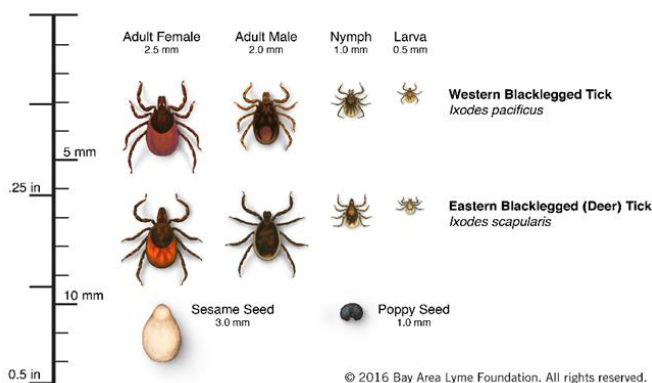
	<ul style="list-style-type: none"> ❑ Wednesday night race 7:00 pm start ❑ *Dinner and race fees are included in the cost of camp for campers only
Thursday	<ul style="list-style-type: none"> ❑
Friday	<ul style="list-style-type: none"> • Come dressed in your wackiest creation for theme day • Hot dog day! Don't forget to pack drinks and snacks.

Tick Information

Camp Hardwood always wants to ensure the utmost safety for your child/children. In effort to keep the campers and staff safe, a Tick Procedure has been put in place.

In a situation that an unattached tick has been found on a camper, the tick will be removed. However, if the tick is discovered attached to a camper, the parents/guardian will be notified to pick up their child and seek medical attention to get the tick professionally removed. Lyme disease from carrier ticks generally takes 24 hours to transmit. If removed improperly this transmission can happen instantly, so for the safety of campers and staff the ticks will not be removed by Camp Hardwood.

We encourage parents to check their children for ticks before and after camp as a safety precaution. The diagram below is for your information.



For more information, please refer to the Ontario Health unit and/or the Simcoe Muskoka Health Unit.

Thank you