



2017 HARDWOOD SKI AND BIKE INVITATIONAL #1

Wednesday December 20, 2017

Entry Deadline: Monday December 18, 2017 @ 11:59pm

Approximate Races and Distances (subject to change depending on weather and snow conditions):

Novice/Elementary Boys and Girls 2.5 km. Junior Girls 4.0 km. Junior Boys 5.0km. Sen. Girls 5.0km.

Sen. Boys. 7.0km.

Race Times:

Coaches Meeting at 10.30 am. First race begins at 11:00 am.

Entry Fee:

\$22.12 + HST

Faxed entries and telephone entries will not be accepted. All entries must be made on line through

www.zone4.ca.

Late Fee:

Entries received after the December 18th deadline are subject to a \$10/skier late fee, no exceptions.

General Information:

- Teams should try to be on site by 9:30am to secure bibs and make necessary changes. Lost bibs will be charged to the school @ \$30/bib.
- Coaches, upon arrival are to proceed directly to get coaches' package.(Upstairs in members lounge)
- Course length, starting procedures, time and order of races are all subject to change, at Convener's discretion.
- Skiers will start in intervals – one skier every 15 seconds. All skiers should be at the start 10 minutes before their start time. There will be one lane tracked out of the start for 30 meters. Skiers must double pole only until the end of the lane. They may skate after this point.
- Results will be available live on zone4.ca, and on Hardwoodskiandbike.ca immediately following the race.

Start Order (To be adjusted on race day):

Elem. Girls	2.5 km - Start Time 11:00 am
Elem. Boys	2.5 km – Start Time 11:05 am
Novice Girls	2.5 km – Start Time 11:10 am
Novice Boys	2.5 km - Start Time 11:20 am
Junior Girls	4.0 km – Start Time 11:40 am
Junior Boys	5.0 km – Start Time 11:50 am
Senior Girls	5.0 km – Start Time 12:05 pm
Senior Boys	7.0 km – Start Time 12:15 pm

- Please instruct your skiers to leave all trail flags etc. in place. Failure to do so may result in disqualification.
- Age groups as for OFSAA cross country skiing.
 - Juniors – Born 2002 and 2003.
 - Seniors – Born 1999, 2000, 2001.
- If the event is cancelled or if a team is unable to attend because of weather/driving conditions on race day, a portion of the entry fee will be returned, after expenses have been covered.
- No refunds for scratches.

Awards: 1:00pm

Individual Award:

- Medals to Top 3 in all Categories.

High School Team Awards:

- Team awards use the top four results from each school team. Any number of skiers may race.
- Novices will not be included in team scoring.
- Novice events are intended to be a low-key, first time racing experience.